



Lies Women Believe Study Outline

Lies Women Believe... And the Truth that Sets Them Free

I. “...in the beginning...”

Creation (Genesis 1, 2)

Initiated by _____ (1:1)
_____ (1:22,28; 2:3)

Based on the _____

Certainly of _____

Way of _____

God spoke first to the _____ (2:16)

The Fall (Genesis 3)

Initiated by _____ (3:1)

Based on _____ (3:4)

Question God’s Word: “Hath God
said?” (3:1)

Way of _____

Satan spoke first to the _____ (3:1)

Outcome:

“It was _____” (1:31)

First mention of . . .

_____ (3:10)

Curse (3:4)

Enmity (3:15)

_____ (3:16)

_____ (3:18)

Sweat (3:19)

_____ (4:6)

Murder (4:8)

Blame

Bitterness

_____, fellowship

_____, barriers

Between God and man

Between man and woman

God _____ all man needed (1:29) Man had to “sweat” to get his needs met (3:17-19)

“Not ashamed” (2:25)

“_____ themselves” (3:8)

_____ -centered

_____ -centered

II. Deception

A. We can be deceived by:

1. _____ (Gen 3:13; John 8:44)
2. _____ (Eph. 5:6)—religious leaders
3. _____ (James 1:22, 26; 1 John 1:8)

B. Deception in our culture

“...who changed the truth of God into a lie....

For this cause God gave them up unto vile affections.” (Rom. 1:25, 26)

“...they received not the love of the truth, that they might be saved.

And for this cause God shall send them strong delusion,

that they should believe a lie.” (II Thess. 2:10, 11)

C. Deception and women

*“For Adam was first formed, then Eve.
And Adam was not deceived,
but the woman being deceived
was in the transgression.” (I Tim. 2:14)*

III. Truth...or Consequences!

Steps to bondage:

Behavior is based on beliefs.

Listen to the lie ⇒ Dwell on it ⇒ _____ it ⇒ _____ on it ⇒ _____

Destruction
Fear
Anger
Death

*“They that observe lying vanities
forsake their own mercy.” (Jonah 2:8)
2 Thess. 2:9-13*

Steps to freedom:

Listen to the truth ⇒ Meditate on it ⇒ _____ on it ⇒ _____ on it ⇒ _____

Peace
Joy

Romans 12:2

*“And ye shall know the truth,
And the truth shall make you free.” (John 8:32)*

Joy is not the absence of pain, but the presence of God.

- *Identify the area(s) of bondage/sinful behavior.
- *Identify the lie(s) at the root.

*Counter/replace the lie(s) with the corresponding truth.

Psalm 120: 1-4

IV. Lies Women Believe:

About God

1. God is not really _____. If He were, He would.....
2. God doesn't _____ me.
3. God is just like my _____.
4. God is not really _____.

God's Word is not really sufficient to deal with all my problems.

Someone/something else can make me happier than God can.

5. God's ways are too _____.
6. God should fix my _____.

About themselves

7. I'm not _____.
8. I can't help _____.
9. I have my _____.
10. Beauty is external and _____.
11. Physical beauty matters more than inner _____.
12. I should not have to live with unfulfilled _____.
13. It's OK to do whatever I need to do to get _____.
14. This body (of believers) doesn't really need me. I can just _____.

About Sin

15. God can't _____ what I have done.
16. My sins aren't really _____.
17. I can sin and get _____.
 - a. I won't _____ what I _____.
 - b. The choices I make today will not have _____.
 - c. I can play with _____ and not get _____.
18. I am not responsible for my sinful _____ and _____.
19. ***I cannot walk in consistent _____ over sin.***

About Priorities

20. I can make it without consistent time in the _____ and prayer.
21. A career outside the home is more _____ and _____ than being a wife and mother.
22. ***I don't have time to do everything I am supposed to do!***

About Marriage

23. I have to have a husband to be _____.
24. It's my responsibility to _____ my mate.
25. Marriage should be a _____. Equal say. Equal rule.
26. My husband is supposed to serve me and make me _____.
27. Both mates are responsible to _____ for the family.
28. If I _____ to my husband, I will be miserable.

29. *If my husband is _____, then I've got to take the bull by the horns and do something.*
30. My marriage is _____. It can never change.
31. I'm better off getting a divorce than staying in an _____ marriage.
32. If my husband doesn't _____ and _____ me, I have the right to leave him.
33. If my husband isn't faithful to me, I am _____ from my vows.
34. I should not have to put up with _____ in my marriage.
35. If my husband were unfaithful to me, I could never _____ him.
36. I would be _____ if I left my husband and married another man.

About children

37. We should determine the size of our family based on how many children we _____, how many we think we can handle and how many we think we can provide for.
38. Children are a _____.
39. All children will go through a _____ state.
40. If I weren't tied down by children I could do more to _____.
41. We are not _____ for how our children turned out.
42. Children need to get _____ to the real world so they can learn to function in it.

About others

43. I just can't _____ so and so, or
44. I just can't _____ so and so.
45. I can't _____ so and so. She needs a professional counselor.

About emotions

46. I can't help the way that I feel. I can't control my _____.
47. My emotions are a reflection of the _____. If I feel unloved, that means I am unloved. If I feel alone, that means I am alone.
48. It's _____ to act like a shrew at certain times.
49. My depression is probably caused by a chemical _____.
50. I can't do what's right when my emotions are out of whack.

About circumstances

51. If my _____ were different, I would be different.
52. I am a _____. (past offences, upbringing, circumstances)
53. My circumstances will never _____. This will go on forever.
54. I just can't take _____.

V. The Truth

The Power of the Truth

1. Sets us _____ (John 3:32).
2. _____ us (Psalm 91:4).
3. _____ us (John 17:17,19).

The Truth That Sets Us Free

1. God is _____ (Ps. 119:68; 136:1).

God is good and everything He does is good.

I may not see His hand, but I know His heart.

2. God _____ me and wants me to have His best (Rom. 8:32, 38-39).

3. I am _____ in Christ (Eph. 1:4-6).

4. God is _____ (Ps. 23:1).

5. God can be _____ (Isa. 38:16).

6. God doesn't make any _____ (Isa 46:10)!

Everything that comes into my life has been "filtered through His fingers of love."

7. God's _____ is sufficient for me (II Cor. 12:9).

8. The _____ of Christ is sufficient to cover all my sin (I John 1:7).

9. The _____ of Christ is sufficient to conquer my sinful _____

(Rom. 6:6-7). I don't have to _____ (Rom. 6:14)!

10. My _____ does not have to plague me (I Cor. 6:9-11).

*My past failures can become stepping stones to greater victory and
fruitfulness*

*If I will let Him, God will cause everything that has happened to me to work
together for my good and His Glory.*

11. God's _____ is sufficient to lead me, teach me, and heal me (Ps. 19:7;
107:20; 119:105).

12. Through the power of His Holy Spirit, God will _____ me to do
anything He commands me to do (I Thess. 5:24; Phil. 2:13).

There is *no one* I cannot _____ (Mark 11:25).

There is *no one* I cannot _____ (Matt. 5:44).

I *can* _____ in all things (1 Thess. 5:18).

13. Forgiveness is a _____.

14. _____ is a choice.
15. I am _____ before God for my behavior, responses, and choices (Ezek. 18:19-22).
16. I will _____ whatever I _____ (Gal. 6:7-8).
17. The pathway to true joy is to relinquish _____ (Matt. 16:25; Luke 1:38; 1 Peter 5:7).
of my _____
of my _____
of my _____
of my circumstances
18. The greatest freedom I can experience is found through submission to God-ordained _____ (Eph. 5:21).
The husband is the _____ of the wife (Eph. 5:23).
The wife is to _____ and submit to her husband (Eph. 5:23, 33)
“The heart of the _____ is in the Lord’s hand...” (Pro. 21:1).
19. In the will of God, there is no higher, holier calling than to be a _____ and _____ (Titus 2:4-5).
20. It is more important that I be _____ than that I be happy (Eph. 5:26-27).
Happiness is not a _____. I have a responsibility and calling to be holy.
21. God is more concerned about _____ me and glorifying Himself than about _____ my problems (Rom. 8:29).
22. It is impossible to be holy without _____. Suffering is the #1 tool in the hand of God to conform me to the image of Jesus (1 Peter 5:10).
23. My suffering will not last _____ (2 Cor. 4:17-18).
24. “It’s not about _____; it’s all about _____!” (Col. 1:16-18; Rev.

4:11).

VI. Redemption and Restoration

1. Through _____ , Who is the Truth (John 14:6).
2. Through _____ to the Truth (Ps. 119:29; Eph. 4:15, 25; Luke 1:38).
3. Paradise restored (Rev. 22:14-15).