



Frequently Asked Questions

Q: What would be the maximum number of girls to have in a group if you are planning a group Princess Purity Ceremony?

A: We would suggest keeping the group size to 10 or 12 girls. It is important to keep in mind that the ceremony will take approximately five (5) minutes for each mom to give her blessing tribute, present the gift, and pray over her daughter(s).

It is also important to remember the additional time needed for refreshments and/or any other special activities outside of the ceremony itself.

Q: Can you recommend any additional resources with a Christian perspective that would go into further detail on sexual issues for girls ages 12–13?

A: The following have been helpful, but we would strongly encourage anyone to preview these materials first and then adapt to an age-appropriate level of maturity for your daughter:

- [God's Design For My Body by Susan Horner](#) (for younger tweens)
- [Passport to Purity](#) (FamilyLife)
- [Teaching True Love to a Sex-at-13 Generation](#) by Eric and Leslie Ludy
- [Preparing Your Daughter for Every Woman's Battle](#) by Shannon Ethridge (for parent of older tweens)

Q: How do I to start a Pure in Heart Club?

A: We continue to develop additional resources in relation to The Princess and the Kiss. Feel free to check our website frequently for further information. Here are a few pointers to help get you started. Generosity

The Pure in Heart Club allows the girls to interact, offers accountability, and lets girls know that others are interested in pursuing godly integrity and purity as well. This bonding and memorable event will offer encouragement for moms and the girls as they grow up together.

Some moms will be hesitant, but assure them that purity will only be spoken of in a general way during the Pure in Heart Club and Princess Ceremony. Let them know that purity will be communicated as an attitude that flows from the heart which affects your mind, will, emotions, actions, and lifestyle.

Start by reviewing The Princess and the Kiss storybook along with the Life Lessons book. You may also want to review the Princess Purity Ceremony guide in the back of

the *Life Lessons* book. Pray for one to two helpers. Feel free to format the Pure in Heart Club to fit your group's needs.

1) Begin to pray and ask God to raise up other mothers who have daughters ranging from third to sixth grade that would have a burden and vision for growing together in the area of purity.

2) Order *The Princess and the Kiss* materials for others to see and review. (This will be very helpful if some of the other mothers are not familiar with the story.)

3) Share your burden and the vision of *The Princess and the Kiss* story, *Life Lessons* study, Pure in Heart Club, and Princess Ceremony with at least one to two other moms who you think share the same burden or vision for purity.

Keep in mind that it is best to keep your Pure in Heart Club small (approximately 10–12 daughters and moms).

4) As you schedule your first meeting with a few moms, here are a few suggestions:

During the first meeting, give a brief explanation of the heart, vision, and purpose behind *The Princess and the Kiss* story, the *Life Lessons* book, Pure in Heart Club, and the Princess Purity Ceremony. Explain that this will provide opportunities for valuable, open conversations to connect with their daughters' hearts.

You may want to encourage the moms to visit www.ReviveOurHearts.com/princess and review the transcripts of *The Princess and the Kiss* radio broadcast. (Air date: January 17–21, 2005.)

5) Set a date, time, and place when the Pure in Heart Club will start and for the Princess Purity Ceremony. Plan the Pure in Heart Club meetings for 10–12 weeks prior to the Princess Purity Ceremony. Let the mothers know how to order materials and set up a date for the first Pure in Heart Club meeting.

Options:

A. You can start with an orientation meeting with the girls and the moms and introduce the story and the vision on the first meeting. Present the girls with their books. Have the moms and girls do two Life Lessons a week and then cover the third Life Lesson and Creative Focus activity in the Pure in Heart Club together.

B. You may choose for the mothers to do the first four lessons before your first official Pure in Heart Club meeting. Then, during the first Princess Club week, you could review Life Lesson three again. Have the mothers cover two Life Lessons a week from then on with the club leader choosing one of the two Life Lessons and Creative Focus activity to do and discuss in class together. We also encourage you to be creative and add additional activities and crafts that will help reinforce the lesson being presented.

7) Plan the ceremony far enough out so the moms and daughters can finish the *Life Lessons* book. You'll want to order the Princess Prayer Box Necklaces at least three to four weeks before the ceremony.

8) Be creative during the Pure in Heart Club meetings and make it a special time.

Here are a few ideas that may help:

- Make special princess nametags for the girls and moms.
- Share the theme Life Lesson for that day.
- Encourage the girls to share some ideas of their Creative Focus experiments or crafts results.
- Ask how the Creative Focus applied to the Life Lesson.
- Encourage them to bring in their own craft ideas to display and share with others.
- Have the group memorize the Jewel of Truth together for each meeting.
- Create your own Creative Focus experiment or craft or use one from the book to once again reinforce the lessons they are learning.
- Discuss the Royal Reminders. (Feel free to add your own age-appropriate discussion questions.)
- Ask the moms to share what lesson they thought was important or what was special for them as they went through this with their daughters.
- Have a prayer time with the girls and moms asking God to continue to give them all a princess heart.

Note 1: Be prepared that if a sensitive topic comes up in discussion time; refer to the fact that the mom will cover that at home. One hour is plenty of time for a Pure in Heart Club meeting. This is more of a support and accountability group time.

Note 2: You will be surprised how this will bring up issues for healing in some of the moms lives. Somewhere you might want to plan to separate the moms out during one of the craft times so they can talk, share, and pray together.

9) Schedule a planning meeting to discuss the details of the Princess Ceremony.

This meeting should take place about six weeks before the ceremony to plan and prepare. You'll want to ensure that the moms understand their part in the ceremony by giving a blessing tribute to their daughter from their heart. (A sample is given in the Ceremony Guide, plus they can listen to the broadcast if they feel they need more direction.)