



# *Promises to Live By:*

*Finding Encouragement, Peace, and Hope  
In the Promises of God*

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## Dear Friend,

Returning to familiar and beloved Scripture passages is like going home after a long, difficult journey. Through more than forty years of walking with God, I have often returned to the promises of God and found encouragement and a fresh supply of grace to minister to my needs.

The Bible is filled with promises that sustained and transformed the lives of those who received and believed them. Abraham was strong in faith, fully persuaded that what God had promised, He was able to perform—and God kept His Word! David found solace in God's promises, and determined to place his hopes and life into God's hands—God never failed the shepherd-king.

The promises of God are as real and powerful for His children today as they were thousands of years ago. This booklet contains fifty promises that have been particularly meaningful in my personal walk with the Lord. I have returned to these promises over and over again.

In them, I have found stability in times of stress, comfort in times of loss, peace in times of doubt, and so much more. These promises have been a constant reminder of the heart and ways of the ultimate Promise Keeper.

I pray that each of these promises will encourage you to live by faith, knowing that *“He who promised is faithful...”* (Hebrews 10:23b).

Trusting Him,



## *God will always be our safe refuge*

The eternal God is your refuge, and underneath are the everlasting arms.  
*Deuteronomy 33:26*

God is our refuge and strength, a very present help in trouble. . . .The Lord of hosts is with us;  
the God of Jacob is our refuge.  
*Psalm 46:1, 7 (KJV)*

The name of the Lord is a strong tower; the righteous run to it and are safe.  
*Proverbs 18:10*

The Lord is your keeper. . . .The Lord shall preserve you from all evil: he shall preserve your soul.  
The Lord shall preserve your going out and your coming in from this time forth, and even forevermore.  
*Psalm 121:5, 7- 8*

He who dwells in the shelter of the Most High will rest in the shadow of the Almighty.  
I will say of the Lord, "He is my refuge and my fortress, my God, in whom I trust."  
He will cover you with His feathers, And under His wings You will find refuge;  
His faithfulness will be Your shield and rampart. A thousand may fall at your side,  
ten thousand at your right hand, but it will not come near you.  
*Psalm 91:1-2, 4, 7 (NIV)*

## *God will save us from evil and our enemies*

And the God of peace will crush Satan under your feet shortly.

*Romans 16:20*

Though I walk in the midst of trouble, You will revive me:

You will stretch out Your hand against the wrath of my enemies, and Your right hand will save me.

The Lord will perfect that which concerns me.

*Psalm 138:7-8*

O God the Lord, the strength of my salvation, You have covered my head in the day of battle.

*Psalm 140:7*

I will cry out to God most High; To God who performs all things for me.

He shall send from heaven and save me; He reproaches the one who would swallow me up. Selah.

God shall send forth His mercy and His truth.

*Psalm 57:2-3*

The Lord on high is mightier than the noise of many waters, than the mighty waves of the sea.

*Psalm 93:4*

## *God will strengthen and encourage us*

Fear not, for I am with you; be not dismayed, for I am your God. I will strengthen you, yes, I will help you, I will uphold you with My righteous right hand.

*Isaiah 41:10*

Wait on the Lord: be of good courage, and He shall strengthen your heart; wait, I say, on the Lord.

*Psalms 27:14*

Even to your old age, I am He, And even to your gray hairs I will carry you! I have made, and I will bear; Even I will carry, and will deliver you.

*Isaiah 46:4*

You will keep him in perfect peace, whose mind is stayed on You, because he trusts in You. Trust in the Lord forever, for in YAH the Lord, is everlasting strength.

*Isaiah 26:3-4*

Have not I commanded you? Be strong and of good courage; Do not be afraid, nor be dismayed, for the Lord your God is with you wherever you go.

*Joshua 1:9*

Those who wait on the Lord shall renew their strength; they shall mount up with wings as eagles, they shall run, and not be weary, they shall walk, and not faint.

*Isaiah 40:31*

## *God will hear and answer our humble cries*

The Lord is near to all who call upon Him, to all who call upon Him in truth. He will fulfill the desire of them that fear Him: He also will hear their cry and save them.

*Psalms 145:18-19*

The eyes of the Lord are on the righteous, and His ears are open to their cry. The righteous cry out, and the Lord hears, and delivers them out of all their troubles. The Lord is near to those who have a broken heart, and saves such as have a contrite spirit. Many are the afflictions of the righteous: but the Lord delivers him out of them all.

*Psalms 34:15, 17-19*

## *God will grant us mercy and forgiveness*

The Lord is merciful and gracious, slow to anger, and abounding in mercy. He has not dealt with us according to our sins; nor punished us according to our iniquities. For as the heavens are high above the earth, so great is His mercy toward those who fear Him. As far as the east is from the west, so far has He removed our transgressions from us.  
*Psalm 103:8, 10-12*

For the mountains shall depart and the hills be removed; but My kindness shall not depart from you, neither shall the covenant of my peace be removed, says the Lord, who has mercy on thee.  
*Isaiah 54:10*

I, even I, am He who blots out your transgressions for My own sake; and I will not remember your sins.  
*Isaiah 43:25*

## *God will sanctify us through and through*

May God himself, the God of peace, sanctify you through and through. May your whole spirit, soul, and body be kept blameless at the coming of our Lord Jesus Christ. The one who calls you is faithful and he will do it.  
*1 Thessalonians 5:23-24 (NIV)*

Commit your works to the Lord, and your thoughts will be established.  
*Proverbs 16:3*

## *God will give us His peace*

Do not be anxious about anything, but in everything, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and minds in Christ Jesus.  
*Philippians 4:6-7 (NIV)*

The work of righteousness will be peace, And the effect of righteousness, quietness and assurance forever.  
*Isaiah 32:17*

## *God will bless us, and make us a blessing*

The righteous will flourish like a palm tree, They will grow like a cedar of Lebanon;  
Planted in the house of the Lord, They will flourish In the courts of our God.  
They will still bear fruit in old age, They will stay fresh and green,  
proclaiming, "The Lord is upright; He is my Rock, And there is no wickedness in Him."  
*Psalm 92:12-15 (NIV)*

The Lord will guide you continually, and satisfy your soul in drought, and strengthen your bones:  
You shall be like a watered garden, and like a spring of water, whose waters do not fail .  
*Isaiah 58:11*

Commit your way to the Lord; trust also in him, and He shall bring it to pass.  
He shall bring forth your righteousness as the light, and your justice as the noonday.  
*Psalm 37:5-6*

The path of the just is like the shining light, that shines ever brighter unto the perfect day.  
*Proverbs 4:18*

For the Lord God is a sun and shield: the Lord will give grace and glory:  
no good thing will he withhold from those who walk uprightly.  
*Psalm 84:11*

Blessed are those who dwell in Your house; They are ever praising you.  
Blessed are those whose strength Is in You, Who have set their hearts On pilgrimage.  
As they pass through the Valley of Baca, They make it a place of springs . . .  
They go from strength to strength, Till each appears before God In Zion.  
*Psalm 84:4-7*

## *God will give us His wisdom*

The meek will he guide in judgment: and the meek will he teach his way.  
*Psalm 25:9 (KJV)*

If any of you lacks wisdom, he should ask God, who gives generously to all without finding fault, and it will be given to him.  
*James 1:5 (NIV)*

For the Lord gives wisdom: From His mouth comes knowledge and understanding.  
*Proverbs 2:6*

For You will light my lamp; the Lord my God will enlighten my darkness.  
*Psalm 18:28*

## *God will sustain and support us forever*

Cast your burden on the Lord, and He shall sustain you:  
He shall never permit the righteous to be moved.  
*Psalm 55:22*

When I said, "My foot is slipping," Your love, O Lord, supported me.  
When anxiety was great within me, Your consolation brought joy to my soul.  
*Psalm 94:18-19 (NIV)*

The Lord will not reject His people; He will never forsake His inheritance.  
*Psalm 94:14*

The Lord is my shepherd; I shall not want. . . . Surely goodness and mercy shall follow me all the days of my life: and I will dwell in the house of the Lord forever.  
*Psalm 23:1, 6 (KJV)*

## *God will reward us and lift us up*

Wait on the Lord, and keep His way, and He shall exalt you to inherit the land.

*Psalms 37:34*

Be steadfast, immovable, always abounding in the work of the Lord, knowing that your labor is not in vain in the Lord.

*1 Corinthians 15:58*

Let us not grow weary while doing good, for in due season we shall reap if we do not lose heart.

*Galatians 6:9*

To him who overcomes I will grant to sit with Me on My throne, as I also overcame, and sat down with My Father on His throne.

*Revelation 3:21*

Blessed is the man who endures temptation: for when he has been approved, he will receive the crown of life, which the Lord has promised to them that love Him.

*James 1:12*

Be faithful unto death, and I will give you the crown of life.

*Revelation 2:10*

## *God will be glorified and reign forever*

All the nations you have made will come and worship before you, O Lord; they will bring glory to your name.

*Psalm 86:9 (NIV)*

The glory of the Lord shall be revealed, and all flesh shall see it together: for the mouth of the Lord hath spoken it.

*Isaiah 40:5*

His kingdom is an everlasting kingdom, and His dominion is from generation to generation.

*Daniel 4:3*

All the ends of the world shall remember and turn to the Lord, and all the families of the nations shall worship before You.

For the kingdom is the Lord's: and He rules over the nations.

*Psalm 22:27-28*

The earth will be filled with the knowledge of the glory of the Lord, as the waters cover the sea.

*Habakkuk 2:14*

## *The Promise of His Coming... be ready!*

He who testifies to these things says, "Surely I am coming quickly."

The grace of our Lord Jesus Christ Be with you. Amen.

*Rev. 22:20-21*

*From: Cheque Book of the Bank of Faith*

“God has given no pledge which He will not redeem, and encouraged no hope which He will not fulfill.

“My brethren, God is good. He will not forsake you: He will bear you through. There is a promise prepared for your present emergencies; and if you will believe and plead it at the mercy-seat through Jesus Christ, you shall see the hand of the Lord stretched out to help you.

“Everything else will fail, but His Word never will. He has been to me so faithful in countless instances that I must encourage you to trust Him. I should be ungrateful to God and unkind to you if I did not do so.”

C. H. Spurgeon

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