

Becoming a Woman of Virtue

*Every wise woman buildeth her house:
but the foolish plucketh it down with her hands. Proverbs 14:1*

1. Is there anything about my speech, actions, dress, or attitudes that could defraud the men around me?
2. Am I building up my “house”—home, workplace, church—(vs. tearing it down)?
3. Am I taking in sensual thoughts and desires through books, magazines, TV programs, music, or movies that are not morally pure?
4. Am I investing in my marriage? Am I nurturing the heart of my marriage?
5. Am I looking to a man other than my husband (pastor, counselor, colleague) to be a primary source of counsel or to fill an emotional vacuum in my life?
6. Do I frequently express admiration and gratitude to my husband?
7. Is there any behavior or relationship I am involved in that I am keeping from my husband? Have I failed to be totally honest with my husband?
8. Am I reserving the best of my physical and emotional energy for my family?
9. Am I discontent to be “at home”? Am I dwelling on thoughts that make me unable to find fulfillment through reverencing and serving my husband and family?
10. Am I creating an atmosphere (through words, actions, and attitudes) that makes my husband want to be at home?
11. Does my husband feel he does not have the freedom to be totally honest with me?
12. Am I giving more of my emotions, attention, and affection to my husband than any other man?
13. Is my conversation ever loose, crude, or unbecoming for a woman of God?
14. Am I discreet and restrained in the way I talk with men at work?
15. Am I expressing admiration for a man that should more appropriately come from his wife?

“Lord, I acknowledge and renounce my sinful involvement in _____ and pray in the name and through the blood of our Lord Jesus Christ that you would break this stronghold in my life. I realize, Lord, this sin has been a detrimental influence in my life [and marriage]. Lord, I humbly ask that You would forgive me and wash me in the blood of Christ, cleansing me from this sin. I ask you, Lord Jesus to take back the ground given to the enemy through my involvement and I yield that ground to Your control. I purpose to honor You in my heart, practicing purity and discretion in all of my relationships.”

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16. Do I communicate a meek, quiet, and submissive spirit?
17. Does my demeanor tend to be “loud and defiant”?
18. Does my dress help men to keep their thoughts pure and Christ-centered? Is my dress feminine and modest?
19. Am I a “door” or a “wall” (Song of Songs 8:9)? Am I a “loose” woman? Do I communicate to the men around me that I am “available”? Does my demeanor invite them to “partake” of intimate parts of my body, soul, or spirit? Do I engage in flirtatious speech, looks, or behavior?
20. Have I purposed in my heart to be morally pure?
21. Am I currently in a situation that is (or could become) compromising?
22. Do I reserve intimate communication, looks, words, and touch for my husband?
23. Have I become a “refuge” for a man who may be struggling in his marriage?
24. Am I meeting my husband’s sexual needs?
25. Do I have a more intimate relationship—physically, emotionally, or spiritually—with any man more than I do with my husband?
26. Would my husband, as well as other men and women who know me, say that I am a woman of moral virtue and purity?
27. Am I in a situation that could appear to others to be compromising?
28. Am I making myself accountable to my husband and to another godly woman for my walk with God and others?
29. Am I being dishonest with my husband?
30. Have I erected (and am I maintaining) adequate “hedges” in my relationships with men? Have I defined what those hedges are?

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